

Caring for a Person at Home

FAMILY HOME CAREGIVER

The Center For Caregiver Excellence



2180 N Main Street
PO BOX 729
Belton TX 76513

Phone

254-770-2330
1-800-447-7169

www.centraltexasadrc.org

Date **October 13 thru 15, 2015**

Time 8:30 am to 12:30 pm

Location 2180 N Main Street, Belton TX

This physical skills workshop contains 12 hours of information on

- * Infection Control
- * Skin Care
- * Incontinence Management
- * Nutrition
- * Body Mechanics
- * Mobility
- * Caregiver Stress
- * Safety
- * Activities of Daily Living
- * Resources & References Materials

"Many older or disabled persons can't remain at home without the support and care received from family and friends"

The class is a multi-media presentation combined with some hands-on practical experiences.

TUITION: For a Limited Time, there will be no charge for attending Family Caregiver workshops. The normal tuition fee is \$35 which allows two persons to attend, and includes 1 caregiver manual, community resource handouts, and a certificate of completion. **Reservations are required.**

To make your reservation, or for more information, contact:

254-770-2330 or 1-800-447-7169

