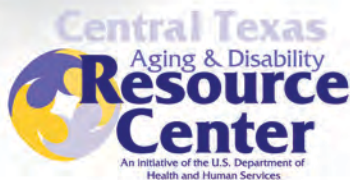




# It's All About **YOU**

## AND CAREGIVER RESPITE

*Respite Care is short-term care designed to help a caregiver take a break from the physical and emotional demands of caring for a loved one.*



2180 North Main  
Belton, Texas 76513

[www.TakeTimeCentralTexas.org](http://www.TakeTimeCentralTexas.org)  
[www.CentralTexasADRC.org](http://www.CentralTexasADRC.org)

**254.770.2342 or 800.447.7169**



*A program of the Central Texas Council of Governments (CTCOG).  
Funded in part by the Texas Department of Aging and Disability Services.*

## RESPIRE CARE

IS AS UNIQUE AS THE PEOPLE IT HELPS.

CONTACT US FOR:

*Emergency Care  
Temporary Care  
Training & Education  
and much more*

¿Qué es el cuidado de relevo? El cuidado de relevo es el cuidado a corto plazo que ayuda a las familias tener un descanso de las exigencias físicas y el estrés de cuidar a un ser querido. El cuidado de relevo puede ser proporcionado en el hogar u otros entornos de atención fuera del hogar.

RELEVO DE CUIDADO puede ser una parte esencial del mantenimiento de su ser querido en el hogar ya!

Participar RELEVO agencias de atención socio de la Tercera Edad y Centro de Recursos para la Discapacidad.



**take  
time**  
**CENTRAL  
TEXAS**  
[TakeTimeCentralTexas.org](http://TakeTimeCentralTexas.org)



## *What Is* **RESPIRE CARE?**

Respite care is short-term care that helps families take a break from the physical demands and stress of caring for a loved one. Respite care can be provided in the home or other care settings outside the home.

Respite care may be an essential part of keeping your loved one at home longer!

유예의 치료란 무엇입니까? 유예 치료는 가족이 실제 수요와 사랑하는 사람을 돌보는의 스트레스에서 휴식을 수행할 수 있도록 단기 치료입니다. 유예 치료는 가정이나 집 밖의 다른 치료 설정에서 제공될 수 있습니다.

케어는 유지의 필수 부분이 될 수 있습니다 유예하여 더 이상 집에서 한 사랑!

노화 및 장애 자료실의 참여 유예 케어 파트너 대행

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