



Surviving the Holidays

When a Loved One has Alzheimer's

- ✿ How to Cope with the Holidays as a Caregiver
- ✿ Celebrating without Stress
- ✿ Reminiscence Holiday Activities

This Alzheimer's two-hour Workshop from the Schmieding Elder Care Institute is open to the community at no cost.



Wednesday, December 2

9 AM to 11 AM

2180 N Main Street, Belton TX 76513



There is **no charge** for you to attend this workshop; however, due to limited seating you **must register to attend**.

For more information or to register, please call the Area Agency on Aging at

254-770-2330 or 1-800-447-7169